Southeast Baptist Daycare Enrollment Application

708 Minerva Drive, Murfreesboro, TN 37130 Phone: 615-896-0940

Fax: 615-896-5554 Email: Debbie@Sebaptist.org We are an equal opportunity daycare. We do not discriminate by race or sex for our staff and students.

| Full name of child: | |
|---|---|
| | |
| Complete Address: | |
| | Date of enrollment:// |
| Mothers name: | Parent Information Fathers name: |
| Address: | |
| Phone: | Phone: |
| E-mail | |
| Employer: | Employer: |
| Work hours: | Work hours: |
| Work phone: | Work phone: |
| your child may be released or who are anyone who may be authorized to pick drugs, alcohol, or are showing any other | Transportation Plan se list names and phone numbers of other adults to whom authorized to provide transportation for your child. If I, or up my child/children appear to be under the influence of er type of risky behavior, please contact any of the following mission for my child/ children to leave with any of these listed. |
| Name: | Phone: |
| E-mail | |
| Name: | Phone: |
| E-mail | |
| Name: | Phone: |
| E-mail | |

| | Background informa | <u>ition</u> |
|--|----------------------------|--------------|
| Other Children in family | Birthdate | School |
| | Emergency Contact Info | |
| Name of person, other than moth emergency. Name: | | • |
| Address: | | |
| E-mail | | |
| Employer: | | |
| Employer address: | | |
| Name of Physician:Address: | | |
| Does the child have any medical o | Ongoing Medical Ca | |
| If yes, explain what type of care is | s administered at home and | d by whom. |
| | | |
| Are you requesting that this care I | • | Yes / No |
| If yes, describe the care required: | | |
| | | |

(requires a doctor's statement for any specific requests for care at the facility)

Experiences With Others

| What are some ways in which the child plays at home: |
|---|
| How well does the child play with other children: |
| How will child react if they do not get their own way: |
| Is the entire family together for any time during the day: |
| |
| |
| |
| Eating Habits |
| At what time does the child eat? Breaskfast Lunch Dinner |
| Do they usually get between meal snacks? |
| Do they feed themselves? |
| What is their general attitude toward eating? |
| If they refuse to eat, How is it handled and by whom? |
| |
| Favorite food: Disliked foods |
| Is your child allergic to any food? |
| If so, Please list this food. |
| |
| May your child eat Peanut Butter: Yes No |
| |
| Sleep Habits |
| Check one: Has own room Shares room w/ sibling Shares room w/ Parents |
| At night, Sleeps from to Average Hours: |
| Naps from to Average Hours: |
| Attitude toward going to bed: |
| If there is difficulty, how is this handled: |
| Habits associated with going to bed: |
| Do they wet the bed? At nap time? At night? |
| If so, how is the problem handled? |

Toilet Habits

| I me at which child is taken to the bathroom: |
|---|
| Is the child completely potty trained? |
| Approximate times of bowel movements:urination: |
| Do they tell you when they needs to go potty and go willingly? |
| Can they manage their clothing themselves at the toilet? |
| What word do they use for urination? Bowel movement |
| |
| Speech and Physical Growth |
| Does the child talk: well Fairly well not very well Not at all |
| Does anyone read to them? How often |
| At what age did the child: Creep Crawl Walk |
| Would you describe your child as: |
| Active / Quiet Thin / AverageWeight / Heavy |
| Tall/ Average height/ Short Friendly / Unfriendly |
| Give Below any other information you think we should have about your child: |

CHILD'S HEALTH HISTORY CHECKLIST

| Child's name Birth | date |
|--|--------------|
| The answer to these questions will help us to know if your child has any this information in case he/she should become ill and we would be una Please circle the answer that pertains to your child. | • |
| Pregnancy and Birth | |
| 1. Were there any problems with pregnancy or your child's birth? | Yes / No |
| 2. Was his/her birth weight under 5.5 pounds? | Yes / No |
| 3. Did the baby have any problems in the hospital? | Yes / No |
| Medical Problems | |
| 1. Is your child able to play as hard as other children? | Yes / No |
| 2. Is your child taking any medication on a regular basis? | Yes / No |
| 3. Has your child had any allergic reactions to medicine, insect bite | s, |
| Or shots | Yes / No |
| 4. Has your child had asthma or wheezing? | Yes / No |
| 5. Does your child have a speech or hearing problem? | Yes / No |
| 6. Has your child had more than 2 ear infections in a year? | Yes / No |
| 7. Has your child had tonsillitis? | Yes / No |
| 8. Does your child have any trouble with their eyes or seeing? | Yes / No |
| 9. Has your child had a bladder or kidney infection? | Yes / No |
| 10. Does the child have burning when urinating? | Yes / No |
| 11. Does your child have seizures, fits, or shaking spells? | Yes / No |
| 12. Have you ever been told your child has a heart murmur? | Yes / No |
| 13. Has your child ever been in the hospital overnight? | Yes / No |
| 14. Has your child ever had a bumpy, swollen reaction to a tb skin tes | st. Yes / No |
| 15. Has your child ever had worms? | Yes / No |
| 16. Does your child scratch their genital area? Are their | |
| bottom/ genitals red? | Yes / No |
| 17. Is your child a hemophiliac (free bleeder)? | Yes / No |
| 18. Is your child on a heart monitor? | Yes / No |
| 19. Does your child have tubes in their ears? | Yes / No |

Parent or guardian signature_____

| Parent signature | |
|--|------------------|
| Material fee: | Weekly tuition: |
| Pre- Enrollment visit: | |
| I have received a copy of the parent p | olicy book. |
| I do hereby agree to pay the following | rates each week. |
| I do hereby authorize emergency med | lical care. |
| I have received a summary of licensin | g requirements. |

| Date child is withdrawn: | | | |
|--------------------------|------|------|--|
| Reason for Withdrawal: | | | |
| | | | |
| | | | |

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Our Daily Bread CACFP ADDENDUM TO ENROLLMENT FORM FOR CHILD CARE

Southeast Baptist Preschool and Child Care / Debra Henegar

| Program as manda | ated by the Ir | Name of Child may be used to meet nterim Rule issued on the calendar year from t | September 1, 200 | ata requirements 4, by the U.S. De | epartment of A | |
|-------------------|----------------|---|-------------------------|--|----------------|---------------|
| Participant Name | e: | | | | | |
| | | Last | First | Middle I | nitial | Date of Birth |
| Enrollment Date | : | | Specia | ıl Needs Child | | |
| Normal Days of 0 | Care (Circle | as Appropriate) | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Normal Hours of | f Care durin | g School Year: | | | to | |
| | | | <u></u> | | to | |
| Normal Hours of | f Care durin | g Summer: | | | to | |
| | | | _ | | to | |
| Participant Meal | s (Circle as | Appro <u>priate</u>): | , <u></u> | ~ | | |
| Breakfast |). | AM Supplement | Lunc | ch | | |
| PM Suppler | ment | Supper | Evening | Supplement | | |
| Parent/Guardian | Name: | garage and a second | a separahili kacaman di | · | | |
| | | Last | Firs | t | Midd | le Initial |
| Parent/Guardian | Daytime Te | elephone Number (wi | th Area Code): | Militar de la companya de la company | | - h |
| Signature of Pare | ent/Guardia | a | V-40 | | Date of | Signature |

CACFP Meal Benefit Income Eligibility (Child Care) Complete one application per household. Please use a pen (not a penoil).

| STEP 1 List ALL child | List ALL children in day care (if more spaces are required for additional names, attach another sheet of paper) | onal names, attach another shee | t of paper) | |
|---|--|---|---|---|
| Definition of Household | Child's First Name | MI Child's Last Name | | Foster Chi Migrant Runaway Homeles Head Sta |
| Member: "Anyone who is living with you and shares | | | | |
| income and expenses, | | | | Aldde |
| Children in Foster | | | |) Jeul IIe |
| care and children who meet the definition of | | | | Check: |
| Homeless, Migrant or Runaway are eligible for | | | | |
| STEP 2 Do any househ | Do any household members (including you) currently participate in one or m | ne or more of the following assistance programs: SNAP, TANF, or FDPIR? | grams: SNAP, TANF, or FDPIR? | |
| IF NO > Go to STEP 3 IF YES > | IF NO > Go to STEP 3 IF YES > Write case number here and proceed to STEP 4 (do not complete STEP 3) | (CASE NUMBER: | ABER: | |
| STED 3 Total Barreth | Total Hamphold Green Internet (1st only boundaries and the second | | | voite only one tase intriner it this space. |
| | לא ביינים וופסווים לבייני מול ומתפסיוסים אומויים אלוו וופסיוים לא מיינים וופסיוים אלוויים מיינים וופסיוים אלוויים מיינים אלוויים מיינים אלוויים מיינים אלוויים מיינים אלוויים מיינים אלוויים מיינים מי | | Hay often? Child Income Weeky Bry Mentity | P Zz Manth |
| Are you unsure what income to include here? | At critical income. Please in prometimes children in the household earn or receive income. Please in by all Household Members listed in STEP 1 here. | lease include the TOTAL income received | 0 | 0 |
| Filp the page and review the charts titled "Sources of income" for more information | /ourself) (Including you o cents) only. | en If they do not receive income. For each Hou. Io not receive income from any source, write ()". | rself) even if they do not receive Income. For each Household Member #sted, if they do receive income, report total gross income If they do not receive income from any source, write 0', if you enter 0' or leave any fields blank, you are certifying (promising) that | al gross income (promising) that |
| | | . : | | oner Reframent Security/SS/? |
| The "Sources of income for Children" chert will | Name of Adull Household Members (First and last) Earning: | Earnings from Work Weekly Bi-Vikeal Monthly 2x Mar | Support/Almenty Weekly Bi-Yeekl Monthly 22 Month | |
| heip you with the Child Income section. | 9 | 0000 | 0 0 0 | 0 0 0 0 |
| | \$ | 0000 | 0 0 0 | 0000 |
| The "Sources of Income for Adults" chart will help | 4 | 0 0 0 0 | 000 \$[| 00000 |
| you with All Adult Household Members | 9 | 0 0 0 0 | 0 0 0 | 0 0 0 0 0 0 |
| | Total Household Members (Children and | Last Four Digits of Social Security Number (SSN) of Prinary Wape Earner or other Adult Household Member | × × × × × × × | Check if on Sa |
| STEP 4 Contact inform | STEP 4 Contact information and adult signature, MAIL COMPLETED FORM TO YOUR | YOUR SCHOOL AT | | |
| "I certify (promise) that a Federal funds, and that C | "I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that CACFP officials may verify (check) the information. I am aware that if I purposely give false information, the participant/center may lose meal benefits. | come is reported. I understand the aware that if I purposely give fal | all income is reported. I understand that this information is given in connection with the receipt of . I am aware that if I purposely give false information, the participant/center may lose meal benefitt | n with the receipt of ay lose meal benefits, |
| | | | | |
| Print Name of Adult Staning the Form | | Signature of Adult | - Alternation | Today's Date |
| Address | 12 | City | State Zip | Phone/Email |
| | | | | |

| | Pensions/Retirement/ All other sources of income | - Sociel Security (including | saliroadretirement and black lung benefits) - Private Pensions or disability benefits - Income from trusts or estates | - Investment income - Earned interest - Rental income | Regular cash payments fornoutside household | | | s and or print, are all the rall of discrimination. |
|-------------------------------|---|---|--|--|--|---|--|--|
| Source of Income for Adults | Public Assistance/Alimony/ | - Unemployment benefits | Workers compensation Supplemental Security Income (SSI) Cash assistance from State or local government Altonory convents | - Child support payments - Veterans benefits - Strike benefits | | | ity. Responding to this section is | i (USDA) civil rights regulations and policies, the USDA, it lefting USDA programs are prohibited from discriminating I prior civil rights activity in any program or activity conduct communication for program information (e.g. Braille, large or local) where they applied for benefits, Individuals who in Discrimination Complaint Form, (AD-3027) found online or write a letter addressed to USDA and provide in the tentral (BGB) 632-9992. Submit your completed form or AX: (202) 690-7442; or program, infake@usda.gov. This institution is an equal opportunity provider. |
| | Earnings from Work | - Salary, wages, cash bonuses | - Net Income from self-employment (farm or business) If you are in the U.S. Military: | Basic pay and cash bonuses (do NOT include combat pay, FSSA, or privalized housing allowances) | - Allowances for off-base housing, food, and clothing | | rake sure we are fully serving our community. Rei | d U.S. Department of Agricultural dulors participating in or administing age, or reptrisal or retaliation for hor require alternative means of hould contact the Agency (State on, complete the USDA Program on, complete the USDA office equest a copy of the complaint if y for Civil |
| | | me Job where they earn a | - A child is blind or disabled and receives Social Security benefits - A parent is disabled, retired, or deceased, and their child receives Social Security benefits | оог гедиялу дічеs а | - A child receives regular income from a private pension fund, annuity, or frus! | | information is important and helps to ma e. Asian Black or African American | |
| Source of Income for Children | Examples | - A chiki has a regular full or part-time job where they earn a safary or wages | A child is blind or disabled and receives Social Security benefits A parent is disabled, relired, or deceased, and their child receive Security benefits | - A friend or extended family membor reguarly gives a child spending money | - A child receives regular income f | ial Idemities (Optional) | bout your children's race and ethnicity. This en's eligibility for receiving meals during car anic or Latino | but if you do not, the funds your it requires the information on this i. You must indude the last four digits member who signs the application. It required when you apply on behalf Assistance Program (SNAP), rogram or Food Distribution Program er FDPIR identifier for your child or signing the application does not have a signing the application does not have a ut determine the meal reimbursement our eligibility information with mevaluate, fund, or determine lews, and law enforcement officials to make, and law enforcement officials to mit. |
| 30 | Sources of Child Income | Earnings from work | Sodal Security - Disability Payments - Survivors Benefits | Income from person outside of household | Income from any other source | OPTIONAL Children's Ethnic and Racial Identities (Optional) | We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for receiving meals during care. Ethnicity (check one): Hispanic or Latino Not Hispanic or Latino Not Hispanic or Latino Black or African American Native Hawaiian or Other Pacific Islander White | The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, the funds your child care center/provider receives may be Impacted. You must include the last four digits of the social security number of the adult housahold member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine the meal reinthoursement for your child care center/provider. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to DONOT CHILD ONE CHILD CHILD ADDITIONAL ADDI |

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 28, Twice a Month x 24, Monthly x 12

| | Date |
|--|----------------------------------|
| | Follow-up Official's Signature |
| Free Reduced Denied | Date |
| Categorial Eligibility | ture |
| Household size | Confirming Official's Signature |
| Velective Bi-Valective Amerity 22 Mereth | Date |
| Total Income | Determining Official's Signature |



Tennessee Department of Human Services

Personal Safety Curriculum Notification

Since 1985, Tennessee law has required that children in child care agencies receive annual instruction in personal safety, including child sexual abuse prevention. The personal safety curriculum shall include a Department-recognized component on the prevention of child abuse.

Public Chapter 1032 passed by the General Assembly in 2008 requires that child care agencies have a personal safety curriculum, including a child sexual abuse component, for children enrolled in the agency, and that parents/legal guardians be informed about the curriculum, methods and terminology that will be used in teaching children about personal safety. The Department of Human Services was directed to provide guidelines for this curriculum, but individual child care agencies may choose a curriculum that accomplishes the same goal, and may use different terminology in the curriculum. The child care agency is required to allow parents/legal guardians to review and ask questions about the curriculum, and to meet with representatives of the child care agency if they have questions.

In addition, the child care agency must obtain from parents/legal guardians a form acknowledging that they have been notified of the child sexual abuse/personal safety curriculum being used by the child care agency in which the child is enrolled. A copy of the form is required to be maintained in the child's record.

"Keeping Kids Safe" is the sample personal safety curriculum offered by the Department. This curriculum takes a holistic approach to the safety of children. The curriculum is composed of the following units; Self Esteem, Family & Friends, Feelings, Problem Solving, Personal Safety (general) and Personal Safety (4-5 year olds), and Safety Around Me. All sessions begin with group time and are followed by supplemental activities that give children additional practice in understanding the concepts. The curriculum uses hand puppets to serve as a group motivator and to introduce the stories. Together staff and parents decide what terminology to use when referring to the genitals, either the correct anatomical terms or the general term "private body parts."

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| Our agency uses another personal safety cur | rigulum described below: |
|---|---|
| Our agency uses another personal safety cul | riculum described below: |
| ethod of Instruction: | |
| ersonal safety quide - provi | ded by the Department of |
| Human Services. | ' |
| | |
| ample Terminology: | |
| • | · |
| Private body part" | |
| · | |
| | |
| | |
| | |
| | |
| The instructional materials used in the agency parents or legal guardians. | personal safety curriculum are available for review b |
| parents or legal guardians. | |
| I/We acknowledge that we have been provide | d an apportunity to review the accounts |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual | |
| I/We acknowledge that we have been provide | d an apportunity to review the accounts |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual | d an opportunity to review the agency's personal sabuse/personal safety curriculum for our child/children |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual Signature of Parent or Legal Guardian | d an opportunity to review the agency's personal sabuse/personal safety curriculum for our child/children |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual | d an opportunity to review the agency's personal sabuse/personal safety curriculum for our child/children |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual Signature of Parent or Legal Guardian | d an opportunity to review the agency's personal sabuse/personal safety curriculum for our child/children |
| I/We acknowledge that we have been provide curriculum, and have been notified of the sexual Signature of Parent or Legal Guardian | d an opportunity to review the agency's personal sabuse/personal safety curriculum for our child/children |

Some child care providers use the *Keeping Kids Safe* Personal Safety Curriculum. The bottom portion of this form lists the web address where you can find this sample curriculum, provided by the Department of Human Services. Please take the bottom portion with you so that you can review the curriculum at your leisure.

http://state.tn.us/humanserv/adfam/cc_main.htm

Dear Parents,

I would like to set up a Dojo group so that I can send out important information when necessary. Please supply me with your cell phone and e-mail contact information so that I can set this up.

| Parent's name: | | |
|----------------|------------|--|
| Mom's Name | Cell Phone | |
| E-Mail | | |
| Dad's Name | Cell Phone | |
| E-mail address | | |

Photo/Video Permission Slip

From time to time we take pictures/videos during daily activities. We would like your permission to use this media on our website, in our newsletters, social media and/or on our bulletin. Pictures/video would be selected to highlight activities during the day, our class environment or special events. We will never reference your child by name or provide any specific information regarding your child. The pictures/video will only be used by the Daycare and/or the church to show the many ways our children learn and have fun during the day.

| Please take a moment to let us know your preferences regarding our use of pictures/video of | | | | |
|--|--|------|--|--|
| your child: | | | | |
| Yes, I grant permission to use photo/video of my child | | | | |
| Or Control of the Con | | | | |
| No, Please do NOT use | photo/video of my child. | | | |
| Child(ren)'s name(s) Please Print | | | | |
| | | | | |
| Parent name (print) | | | | |
| Parent Signature | | Date | | |
| For any questions or concerns abou | it this form, please feel free to contact the direct | or. | | |



STATE OF TENNESSEE DEPARTMENT OF HUMAN SERVICES

CITIZENS PLAZA BUILDING 400 DEADERICK STREET NASHVILLE, TENNESSEE 37243-1403

TELEPHONE: 615-313-4700

FAX: 615-532-9956

TTY: 1-800-270-1349 www.ln.gov/humanserv/

BILL HASLAM GOVERNOR RAQUEL HATTER, MSW, Ed.D. COMMISSIONER

Influenza Information Notification

PUBLIC CHAPTER 687 requires the Department of Human Services and the Department of Health to work together to educate parents of children in child care agencies regarding the importance of immunizing their children against influenza. The Department of Human Services works with child care agencies to ensure that this information is distributed annually to parents in August and September.

I/We acknowledge that we have received information on the importance of

immunizing children against influenza.

| Signature of Parent or Legal Guardian | Date | annes con moran de se |
|---|------|-----------------------|
| Signature of Parent or Legal Guardian | Date | <u> </u> |
| Signature of Child Care Agency Representative | Date | |

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The Flu: A Guide For Parents

FLU INFORMATION

What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. Flu viruses cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long-term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention Children with these conditions and children who are receiving long-term aspirin therapy can have severe illness from the flu.

How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and may be still contagious past 5 to 7 days of flu illness, especially if they still have symptoms.

PROTECT YOUR CHILD

How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- Vaccination is recommended for everyone 6 months and older.
- It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions in "How serious is the flu?")
- Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- Another way to protect babies is to vaccinate pregnant women. Research shows that flu vaccination gives some protection to the baby both while the woman is pregnant and for up to 6 months after the baby is born.

Flu vaccine is updated annually to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.

Is there a medicine to treat the flu?

Antiviral drugs are prescription medicines that can be used to treat and prevent influenza illness. They can make people feel better and get better sooner. Antivirals can mean the difference between having milder illness instead of very serious illness that could result in a hospital stay. Antiviral drugs are different from antibiotics, which fight against bacterial infections. They work best when started during the first 2 days of illness. It's very important that antiviral drugs are used early to treat the flu in people who are very sick (for example, people who are in the hospital) or who are at high risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, you and your children can take everyday steps to help prevent the spread of germs.

These include:

- Stay away from people who are sick.
- If your child is sick with flu-like illness, try to keep him or her in a separate room from others in the household, if possible.
- CDC recommends that your sick child stay home for at least 24 hours after his or her fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a feverreducing medicine.
- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after it has been used.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect hard surfaces and objects that may be contaminated with germs, including bathroom surfaces, kitchen counters and toys for children. Clean by wiping them down with a household disinfectant



according to directions on the product label.

These everyday steps are a good way to reduce your chances of getting sick. However, a yearly flu vaccine is the best protection against flu illness.

IF YOUR CHILD IS SICK

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age — especially those younger than 2 years old — and children with certain chronic conditions, including asthma, diabetes and disorders of the brain or nervous system, at high risk of serious flurelated complications. If your child is at high risk for flu complications, call your doctor or take them to the doctor right away if they develop flu-like symptoms.

What if my child seems very sick?

Even previously healthy children can get very sick from the flu.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years or older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit www.cdc.gov/flu or www.flu.gov or call 800-CDC-INFO

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TENNESSEE DEPARTMENT OF HUMAN SERVICES

SUMMARY OF LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

This summary is a guide for parents of children in child care centers. It outlines some of the requirements child care providers must meet in order to be licensed. The Department of Human Services is legally responsible for licensing child care centers with 13 or more children. **The purpose of licensing is to protect your child.** Questions about these requirements or concerns about an agency's compliance should be referred to the local DHS office. You may ask your provider to see the complete set of center rules or you can access the rules through the Department's website at: http://state.tn.us/humanserv

Ownership, Organization, and Administration

- · Every child care center shall have an on-site director.
- General liability, automobile liability and medical payment insurance coverage shall be maintained on the operations of the child care agency's facilities and vehicles.
- Enrollment of children under six (6) weeks of age is prohibited.
- Children shall not be in care for more than twelve (12) hours in a twenty-four (24) hour period except in special circumstances
- Written documentation that the parent performed an onsite visit to the agency to review the agency's facility and child care policies & practices prior to enrolling the child.
- A copy of the agency's policies, procedures, and the Department's Summary of Licensing Requirements shall be supplied to the parent upon admission of the child.
- Parents shall be permitted to see the professional credential(s) of staff upon request.
- During operating hours, parents shall be permitted immediate access to their children.
- Children shall be signed in and out of the center by the parent or other person specifically authorized by the parent or the appropriate staff person.
- Children's Records
 - · Written consent for emergency medical care.
 - Written plan stating to whom the child shall be released.
 - Written transportation agreement between parent and the center regarding daily transportation.
 - Daily attendance that includes time in and time out for each child.
 - Prior written permission of parent for each off-site activity.
 - The records of any child who is five (5) years old in an agency which lacks approved kindergarten status shall include a signed acknowledgment by the child's parents that recognizes that the child's attendance does not satisfy the mandatory kindergarten prerequisite for the child's enrollment in first grade.
- Incidents, accidents and injuries shall be reported to the parent as soon as possible, but no later than the child's release to the parent or authorized representative.
- Incidents, accidents and injuries to children shall be documented immediately and must include: date & time of occurrence, description of circumstances, and actions taken by agency.
- The agency or agency staff shall not disclose or knowingly permit the use by other persons of any information concerning a child or family except as required by law.

 During hours of operation the current license and agency report card shall be posted near the main entrance in a conspicuous location.

Supervision

- All areas of the building and grounds shall be visually inspected for children prior to closing the agency for the day.
- Children six (6) weeks through nine (9) years of age:
 - Adult must be able to hear the child at all times, be able to see the child with a quick glance, and be able to physically respond immediately.
 - Exception: during meaitime an adult must be in the direct sight and sound of children ages six (6) weeks through five (5) years of age, not in kindergarten, while the child is eating.
- Children ten (10) years of age and older:
 - Adult must know the whereabouts and activities of the children at all times.
 - Each child shall be greeted and received by a specific caregiver who will have ultimate responsibility for their supervision and care.
 - When children leave a caregiver's assigned area and go to another, the center shall implement a system to track the whereabouts of each child and recognize the transfer of responsibility from one caregiver to another.
- When children ages ten (10) and above are grouped with children under ten (10) the minimum supervision requirements for children six (6) weeks through nine (9) years shall apply.
- When more than twelve (12) children are present on the premises a second adult must be physically available on the premises.
- When more than twelve (12) children in first grade and above are present, a separate group, space and program shall be provided for them.
- Each child must be on roll in a defined group and assigned to that group with a specific caregiver(s).
- Infants shall not be grouped with children older than thirty (30) months, and a separate area shall be provided for them.
- Children shall be kept with the same group throughout the day and shall not be moved, shuffled, or promoted to a new group until required based upon the developmental needs of the child, however
 - Groups, excluding infants & toddlers may be combined for short periods for special activities of no more than thirty (30) minutes per day
 - Groups, excluding infants & toddlers may be combined for up to one (1) hour at the beginning & end of the day as outlined in the A:C ratios:

Ratio Chart - First/Last Hour of Each Day Only

| Group Size ▶ | 10 | 15 | 20 |
|----------------|------|------|------|
| 2.5 - 12 Years | 1:10 | | |
| 3 - 12 Years | | 1:15 | |
| 4 - 12 Years | | | 1:20 |

- A:C ratios must be maintained while children are indoors and on the playground.
- A:C ratios and group sizes may exceed the required limit by up to ten percent (10%) no more than three (3) days per week, provided however:
 - Infant & toddler groups may never exceed the required ratios & group sizes.
 - The licensed capacity of the classroom may not be exceeded.

Adult:Child ratio and grouping chart:

| Age of children at beginning of school year | Minimum Adult:Child Ratio | Maximum Group Size |
|--|------------------------------|-----------------------|
| Infants (6wks 15 mos.) | 1:4 | .8 |
| Infants/Toddlers (6wks 30 mos.) | 1:5 | 10 |
| Toddlers (12 mos 30 mos.) | 1:6 | 12 |
| 2 years (24-35 mos.), | 1:7 | 14 |
| 2 -4 years | 1:8 | 16 |
| 2 ½ - 3 yrs. (30 - 47 mos.) | 1:9 | 18 |
| 2 1/4 - 5 yrs. | 1:11 | 20 |
| 2 ½ - 12 yrs. | 1:10 | 10 |
| 3 years | 1:9 | 18 |
| 4 years | 1:13 | 20 |
| 3 - 5 yrs. | 1:13 | 22 |
| 4 - 5 yrs. | 1:16 | 24 |
| 5 years | 1:16 | 20 |
| 5 - 12 yrs, | 1:20 | No Max |
| School-Age (K & above) | 1:20 | No Max |

- Ratios can be relaxed during naptime and nightlime care but one (1) adult must be awake and supervising the children in each nap/sleeping area (infant/toddler ratios must be maintained).
- Supervision During Off-Site Activities
 - A:C ratios for preschool children doubled during offsite activities.
 - A:C ratios for school-age children during off-site activities must equal the number of trained caregivers required in the classroom plus additional adults;

| | ** | | |
|-----------------------|-----------------------|----------------------|--------------------------|
| Number of Children | Trained Caregivers | Additional Adults | Total Adults Required |
| 1 - 20 | 1 | 1 | 2 |
| 21 – 30 | 2 | 1 | 3 |
| 31 – 40 | 2 | 2 | 4 |
| 41 - 50 | 3 | 2 | 5 |

- A minimum of two (2) adults is required for any off-site activity.
- Supervision During Swimming:
 Age Group

| Age Group | ranu |
|--------------------------|------|
| Infants (6wks - 12 mos.) | 1:1 |
| Toddlers/Twos (13 – 35 | 1:2 |
| mos.) | |
| Three Year Olds | 1:4 |
| Four Year Olds | 1:6 |
| Five Year Olds | 1:8 |
| School-age & Above | 1:10 |
| | |

- Group swimming is not prohibited but it is also not recommended due to the high risk.
- Sudden Infant Death Syndrome Precautions:
 - Infants positioned on backs when placed in crib for sleeping.

- Soft bedding is prohibited for infants to avoid risk of smothering.
- Infants touched by caregiver every fifteen (15) minutes in order to check for breathing and body temperature.

Staff

- At least one adult available on the premises at all times during child care hours must be able to read & write English.
- Caregivers must be at least 18 years of age.
- Staff under 18 years must be supervised by an adult while in the presence of children.
- Each group of children must have at least one caregiver present who has a high school diploma or equivalent.
- Substitutes providing services for 36 or more hours in a calendar year must have a physical and a criminal background check.
- Volunteers can not be used to meet the adult:child ratios unless they meet the qualifications for substitutes.
- Criminal background checks are required for employees who have contact with children.

Equipment for Children

- Individual lockers or cubbies, separate hooks and shelves or other containers, placed at children's reaching level, shall be provided for each child's belongings.
- In infant/loddler rooms, equipment and space shall be provided for climbing, crawling, and pulling without the restraint of playpens or cribs.
- Indoor equipment, materials, and toys shall be available to provide a variety of developmentally appropriate activities so that each child has at least three (3) choices during play time.
- Climbers, swings and other heavy equipment must be anchored even if they are designed to be portable.
- Resilient surfacing is required in fall zones around playground equipment.
- A quiet rest area and cots or mats shall be available for all children who want to rest but no child shall be forced to nac.
- For health & safety reasons each crib, cot, bed or mat shall be labeled to assure that each child naps on his own bedding.

Program

- Each caregiver shall be responsible for providing consistent care for a specific infant(s)/toddler(s) which includes but is not limited to: planning, and recordkeeping for the child, communication, general interaction with and routine care of the child.
- Children shall not be left in restraining devices such as swings, car seats, or high chairs (in excess of thirty (30) minutes). Stimulation shall be provided to children in those settings.
- Programs, movies, computer games, and music with violent or adult content (including "soap operas") shall not be permitted in children's presence.
- If television, video tapes/DVDs, video/computer games, and/or movies are used, they shall be limited to two (2) hours per day, or the length of a movie if more than two (2) hours in the case of school-agers.
- Other activity choices shall be available to children during television/movie viewing or computer use.
- An opportunity for outdoor play shall be extended to children of all ages who are in care for more than three (3) daylight hours unless outdoor play is prohibitive.

- Children shall be provided an opportunity for outdoor play when the temperature range, after adjustment for wind chill and heat index, is between thirty-two (32) degrees and ninety-five (95) degrees Fahrenheit and not raining; children shall be properly dressed and the length of time outside adjusted according to the conditions and the age of the child.
- During outdoor play caregivers shall be alert for signs of dehydration, heat stroke, frostbite, etc., dependent upon the season.
- Spanking or any other type of corporal punishment is prohibited.
- Discipline that is potentially shaming, humiliating, frightening, verbally abusive, or injurious to children shall not be used.
- · Discipline shall not be related to food, rest, or toileting.
- Staff shall plan ahead for developmentally appropriate activities; written lesson plans shall be provided for children of each age group.
- For ages three (3) though school-age, a curriculum shall be offered that shall include instruction, at least once a year, in personal safety — parents notified of and given an opportunity to review the curriculum.
- For school-age children the curriculum shall include instruction on reporting physical, verbal or sexual abuse. Health & Safety
- Children shall be checked upon arrival and observed for signs of communicable disease during the day.
- Symptomatic children shall be removed from the group until parents are contacted and health issues are resolved.
- At least one staff with certification in first aid and one certified in CPR on duty at all times.
- The agency, in consultation with appropriate local authorities, shall develop a written plan to protect children in the event of disaster.
- All home/work contact numbers for parents shall be readily available to all staff.
- Impeligo and diagnosed strep shall be treated appropriately for 24 hours prior to readmission to the center.
- Children diagnosed with scabies or lice shall have proof of treatment and be free of nits prior to readmission.
- Serious injuries or signs of serious illness shall be reported to the parent immediately to arrange for emergency treatment.
- Accidents, injuries, and every sign of illness shall be reported, or a reasonable attempt made to report, to the parent as soon as possible, but no later than the child's release to the parent or authorized representative.
- All medications, prescribed and non-prescribed, shall be received from the parent by a designated staff person or management level staff person.
- Medication shall never be handled by children or administered in bottles or infant feeders unless authorized by a physician.
- All medications shall be inaccessible to children.
- Unused medication shall be returned to the parent.
- Smoking is not permitted in the presence of children.
- The use of alcoholic beverages is not permitted in child care centers during the hours of operation of the center.
- Firearms shall not be on the premises of a child care agency, in any vehicle used to transport children or in the presence of a child.
- Staff's personal belongings(purses, backpacks, coats, etc.) shall be inaccessible to children at all times.

- For the protection of children and adults, the Centers for Disease Control guidelines for handwashing and diapering procedures shall be followed.
- If older children are enrolled who lack independent toileting abilities, rules regarding diapering of preschool children shall apply; they shall be changed in a location designated for that purpose and which provides privacy from other children and adults.
- In order to avoid the spread of airborne diseases children shall be positioned on mats in a face to feet alternating pattern during naptime.
- All staff, substitute staff, volunteers are required to immediately report any reasonable suspicion of child abuse or neglect.

Food

- If any agency provides meals, the agency shall provide developmentally appropriate meals, snacks, and drinks for each child that are of sufficient proportions and nutritional value to meet each child's health needs,
- A meal shall be offered to children who arrive before 7:00 a.m. and have not had breakfast at home.
- All special needs diets shall be prepared as prescribed by a physician or by the written instructions of the parent.
- Staff shall support and facilitate a parent's decision to continue breast feeding.
- Children shall not be permitted to carry a bottle with them throughout the day.
- Caregivers and children shall wash their hands with soap and water.
- At mealtime, children shall be seated at tables and chairs of appropriate size, and adults shall sit with them.
- Frozen breast milk shall be dated when expressed.
- All formulas remaining in bottles after feeding shall be discarded
- Microwave ovens, bottle warming devices, and crock pots, including cords, shall not be accessible to preschool children.
- School-age children shall use microwaves only under direct supervision.
- Previously opened baby food jars shall not be accepted in the center. If food is fed directly from the jar by the caregiver, the jar shall be used for only one feeding.
- Children shall never be left without adult supervision while eating.
- Home canned food and raw milk are prohibited.

Physical Facilities

- All facilities shall annually pass an inspection verifying compliance with all applicable state and local fire and environmental requirements.
- At least one (1) working, land-line telephone shall be present in the agency.
- If used, answering machines/voice mail shall be monitored at thirty (30) minute intervals except when staff and children are off premises.
- Parents informed that answering machines/voice mail are used
- A minimum of thirty (30) square feet of usable indoor play space must be provided for each child.
- Outdoor play areas shall contain a minimum of fiffy (50) square feet of usable play space for each child using the area at one time.
- Window blind cords and electrical cords on equipment shall be inaccessible to children.

- All rooms used by children shall be maintained at a temperature of between 68 to 78 degrees by means of heating, cooling or ventilation sources approved for use,
- Swimming pools and/or wading pools shall not be used without prior approval by the Health Department.
- If animals or birds are kept in classrooms as pets, they shall be caged away from the food storage and preparation area, and cages kept clean.

Transportation

- An adult must be in the vehicle whenever a child is in the vehicle.
- A passenger log with the first and last name of each child shall be used to track the loading and unloading of children during transport.
- If the child was loaded from home, the parent or other authorized person will additionally sign the log indicating that the child was placed on the vehicle.
- The log shall be updated as children are released from the vehicle.
- When the child is released to a parent or other authorized person, that person must sign the log indicating the release of that child to them.
- Immediately upon unloading the last child the driver must walk through the vehicle to confirm that all the children are off the vehicle.
- If a monitor was on the vehicle they shall walk through the vehicle as well.
- A designated agency person who did not ride on the vehicle shall also conduct a walk through of the vehicle.
- Drivers must obtain certification from Department of Safety.
- Drivers must submit to an annual health examination and pass a drug screening test.
- Drivers and monitors have certification in CPR and First Aid
- All child care vehicles designed by the manufacturer to carry ten (10) or more passengers must be inspected by the Department of Safety.
- Effective January 1, 2007 all child care vehicles designed to carry len (10) or more passengers must conform to the Federal Motor Vehicle Safety Standards for school buses.
- Child passenger restraints must be used in accordance with state law.
- Signage that includes the agency name and phone number and the Department's toll-free Child Care Complaint phone number must be on child care vehicles.
- Children shall not spend more than forty-five (45)
 minutes traveling one way to or from the agency's facility
 or to and from school (this provision does not apply to
 field trips).

Care of Children with Special Needs

- When children with disabilities are enrolled, all reasonable and appropriate efforts shall be made to provide each child an equal opportunity to participate in the same program activities as their peers.
- The agency shall have written individualized emergency plans for each disabled child who requires more assistance in emergencies.

Sick Child Care

 This type of care includes the supervision, protection, and meeting the basic needs of children who have short term illness, symptoms of illness, or who have a medical or technological dependency that requires continuous nursing intervention. Agencies that provide sick child care either as an exclusive service or as a component of an existing child care service must comply with additional rules specific to this type of care.

You can access the Department's website at:

http://state.tn.us/humanserv

A wealth of child care information can be found on the Department's website.

You can:

- · Learn more about the rules
- . Learn more about the types of regulated care
- · Locate a child care provider
- Learn more about the Report Card and Star Quality Program
- Locate the local child care licensing office
- · Review the current personal safety curriculum
- View recent correspondence to providers
- Read about new initiatives
- Locate the nearest child care certificate office
- Find info on choosing child care
- . Locate a resource and referral center

And much morel

Child Care Center Rules

The full set of the official child care center rules can be found on the Secretary of State's Web Site:

http://state.tn.us/sos/rules/1240/1240-04/1240-04.htm

Report Card & Star Quality Program

http://tnstarquality.org

Child Care Resource & Referral Centers

Currently, there are eleven CCR&R centers located throughout the state. The centers help parents find the type of care that is best for their child or children. These community resources also give providers technical assistance to better serve the children in their care. Contact information for the CCR&R centers can be found on the Child Care Services web page.

Child Care Resource & Referral - Complaint Hotline

NASHVILLE AREA: 615-313-4820 LONG DISTANCE: 1-800-462-8261

If you have a concern about an existing child care agency or wish to report an illegal operation you can call the Department's complaint hotline.

> <u>Department of Children's Services</u> <u>Report Child Abuse or Neglect Hotline</u> 1-877-237-0004



TENNESSEE DEPARTMENT OF HUMAN SERVICES SUMMARY OF LICENSING REQUIREMENTS FOR CHILD CARE AGENCIES

This summary is a guide for parents of children in licensed child care agencies. It outlines some of the requirements child care agencies must meet in order to be licensed. The Department of Human Services licenses child care agencies with five (5) or more unrelated children operating for three (3) or more hours per day unless exempt. The purpose of licensing is to help maintain healthy, safe, and developmentally appropriate environments for your child. Questions about these requirements or concerns about an agency's compliance should be referred to the local DHS office. You may ask your agency to see the complete set of licensure rules for child care agencies or you can access the rules through the Department's website at:

https://www.tn.gov/humanservices/for-families/child-care-services.html

Ownership, Organization, and Administration

- General liability, automobile liability and medical payment insurance coverage shall be maintained on the operations of the child care agency's facilities and vehicles.
- Enrollment of children less than six (6) weeks of age is prohibited.
- Children shall not be in care for more than twelve (12) hours in a twenty-four (24) hour period except in special circumstances.
- Written documentation that the parent performed an on-site visit to the agency to review the agency's facility and parent engagement strategies prior to enrolling the child (not required for children of homeless families).
- Child care agencies shall establish a drug testing policy for all staff having direct contact with children.
- A copy of the agency's policies, procedures, and the Department's Summary of Licensing Requirements shall be supplied to the parent upon admission of the child.
- Parents shall be permitted to see the professional credential(s) of staff upon request.
- During operating hours, parents shall be permitted immediate access to their children, unless legal documents prohibit or restrict access.
- Children's Records
 - ✓ Written consent for emergency medical care.
 - ✓ Written plan stating to whom the child shall be released.
 - Written transportation agreement between parent and the center regarding daily transportation.
 - Dally attendance that includes time in and time out for each child.
 - ✓ Prior written permission of parent for each off-site activity.
- The agency or agency staff shall not disclose or knowingly permit the use by other persons of any information concerning a child or family except as required by law.
- The child care agency's current license and agency report card shall be posted near the main entrance.
- Written expulsion policy clearly shared with parents and staff.
 Staff
- Family and group home child care agencies must notify parents in advance of the person in charge during primary educator's absence.
- A staff member shall be designated in charge in the absence of the primary educator / director and the name of the person in authority shall be posted.
- At all times, one (1) adult educator with at least a high school diploma shall be on the premises.
- Pre-service training for all staff prior to assuming duties.
- Substitutes providing services for more than 36 hours in a calendar year shall meet background check requirements and

have a physical exam prior to beginning duties.

 Volunteers cannot be counted to meet the adult: child ratios and shall never be left alone with children.

Criminal Background Check

 Criminal background checks are required for all staff at least every five (5) years.

Record Keeping

- A record for each child shall be maintained within the child care agency.
- Written plan of action must be endorsed by a physician for a child with life threatening allergies.
- Parent must provide written consent for emergency medical care/treatment.
- Written statement must be on file that lists to whom the child shall be released
- Written transportation agreement between parent and the child care agency regarding daily transportation.
- Maintain daily attendance records that include the full name and time in and time out for each child.
- Written permission slips from the parent for each field trip prior to the activity.
- Each child shall have a written transition plan for moving from one age group to another.
- The records of any child who is five (5) years old in an agency which lacks approved kindergarten status shall include a signed acknowledgment by the child's parents that recognizes that the child's attendance does not satisfy the mandatory kindergarten prerequisite for the child's enrollment in first grade.
- Children of homeless families and/or children in state custody may receive care for up to sixty (60) days prior to providing documentation of immunizations and well-child examinations.

Incident Reporting

- Incidents, accidents, injuries and signs of illness shall be reported to the parent no later than the child's release on the date of occurrence.
- Incidents, accidents, injuries and signs of serious illness to children shall be documented immediately and must include: child's name and date of birth, name of person writing report, date & time of occurrence and completion of incident report, description of incident and circumstances, and actions taken by agency.
- The child care agency shall notify the Department of all serious incidents the same day of the incident by contacting the Complaint Hotline at 1-800-462-8261.

Duty to Report Child Abuse and Neglect

 Every operator, owner, licensee, director, primary educator or staff member of, or substitute staff member or volunteer in, a child care agency licensed by the Department of Human Services is individually responsible and required to immediately report any reasonable suspicion of child abuse or neglect to either the Department of Children's Services and/or local law enforcement or the judge of the juvenile court in the county of the child's residence, pursuant to T.C.A. §§ 37-1-403 and 37-1-605.

 All child care agency staff shall receive annual training regarding proper procedures to report child abuse and neglect.

Supervision

- All areas of the building and grounds shall be visually inspected after closing the child care agency for the day to ensure no children have been unintentionally left in any part of the child care agency's facilities.
- Children shall be released to only the child's parent, or other person authorized by the parent in accordance with child care agency's policies.
- Child care agencies shall maintain a daily sign-in and sign-out sheet that includes each child's printed full name, date, time of entry, time of departure and space for the printed name and signature of parent or authorized representative.
- Educators providing supervision to children during meal and snack times are prohibited from performing activities/ duties unrelated to food service.
- Child care agencies shall develop, follow and post a written mealtime supervision plan.
- Child care agencies shall develop and follow a written playground supervision plan.
- During field trips, the adultchild ratios shall be doubled and attendance shall be checked upon departure and arrival at each destination and at the beginning and end of each activity (in family and group homes the adultchild ratio shall be increased by one (1) during field trips).

 When children are engaged in activities in or near a body of water, the following requirements shall be met:

| Age Group | Adult:Child Ratio |
|-------------------------------------|-------------------|
| 6 weeks-12 months | 1:1 |
| 13 months — 35months | 1:2 |
| Three (3) years | 1:4 |
| Four (4) years | 1:6 |
| Five (5) years | 1:8 |
| School-soe (Kindergarten and above) | 1:10 |

- One (1) adult present shall have a current certificate in advanced aquatics lifesaving skills and shall supervise above the level of the swimmers.
- Safe sleep supervision procedures must be followed to prevent suffocation and deaths in Infants:
 - ✓ Infants shall sleep in cribs or play yards.
 - Infants shall not sleep on a sofa, soft mattress, adult bed, in a car seat, swing or other restraining devices.
 - ✓ Bibs shall be removed prior to placing a child in a crib for sleeping.
 - ✓ Soft bedding, mobile toys and other toys that attach to any part of the crib are prohibited.
 - ✓ Infants that arrive asleep in car seats or fall asleep in any piece of equipment other than a crib must be immediately removed and placed on their back in a crib.
- Any practice that is an exception to the Department's safe sleep supervision procedures shall not be used without written authorization from a physician.

Health and Safety

- Children shall be checked upon arrival each day for signs of illness and injury.
- The receiving educator shall document any obvious marks or injuries and shall note any comments from the parents pertaining to the marks or injuries.
- A child showing signs of illness shall be cared for apart from other children to the extent that supervision can be

- maintained for all children, and the parent shall be contacted and arrangements made for pick up.
- At least one staff with certification in first aid and one certified in CPR on duty at all times.
- Impetigo and diagnosed strep shall be treated according to a licensed medical professional's instructions prior to readmission to the child care agency.
- Children diagnosed with scables or lice shall have proof of treatment prior to readmission.
- All medications and preventative products such as nonprescription diaper cream, sun screen and insect repellant, shall be received from the parent by a designated staff person and administered by a designated staff person.
- Unused medication shall be returned to the parent.
- Medication shall never be handled by children or administered in bottles or infant feeders unless authorized by a physician.
- All medications shall be inaccessible to children unless a
 physician's authorization for the current school year is on file
 that allows a school-age child to have self-administered
 medication.
- Smoking is not permitted in any indoor area or vehicle of the child care agency at any time.
- The use of alcoholic beverages is not permitted in a child care agency during the hours of operation.
- Firearms shall not be on the premises of a child care agency, in any vehicle used to transport children or in the presence of a child. (In a private residence, these items must be locked, out of sight and inaccessible to children).
- All items labeled "keep out of reach of children" shall be stored so that they are inaccessible to children.
- Personal belongings of residents and staff (purses, backpacks, coats, etc.) shall be inaccessible to children at all times.
- Children's diapers should be checked throughout the day to determine if they are wet or soiled.
- Educators shall provide rich social interchanges and engaging eye contact during diapering.
- Educators shall utilize sanitary diapering procedures.
- Pre-school and school-age children requiring assistance with toileting needs, shall receive assistance in a location designated for that purpose which provides privacy from other children and adults.
- Staff members with signs of a communicable disease shall not be present.

Food and Food Service

- Educators and children shall wash their hands with soap and water.
- At mealtime, children shall be seated at tables and chairs of appropriate size, and an educator shall be near any table or high chair where a child is eating.
- Educators shall ensure that infants have completed feeding and swallowed all milk/formula prior to being laid down.
- and swallowed all milk/formula prior to being laid down.
 Bottles shall not be propped or given to a child while lying flat.
- Children shall not be permitted to carry a bottle with them throughout the day.
- Children shall not have food or drink while in beds, cots, cribs or on mats.
- In order to prevent injuries related to bottle warmers and microwaves:
 - ✓ Crock pots are prohibited as bottle warmers.
- ✓ Crock pots shall be kept in kitchen and inaccessible.
- ✓ Microwave ovens and surrounding area, including cords, shall not be accessible to children.
- ✓ School-age children shall use microwaves only under direct supervision.
- · In order to prevent choking:
- ✓ Solid foods, including cereal, shall not be given in bottles Page 2 of 6

- or infant feeders to children with normal eating abilities unless written authorization from doctor.
- ✓ Food shall not be accessible/served until cut, chopped, diced, mashed for each child's age, chewing and swallowing ability.
- Educators shall check to ensure that no food is left in the mouth of a child prior to placing down for nap.
- Educator is prohibited from performing classroom duties unrelated to food service during mealtime.
- ✓ Children shall not wear teething necklaces, pacifiers, or any item around their neck or attached to their clothing.
- All contents remaining in bottles after feeding shall be discarded immediately after feeding.
- Frozen breast milk shall be labeled with date expressed and name of child.
- Food, formula, milk or breast milk brought from home shall be labeled with the child's name; the date received and shall be refrigerated immediately.
- Previously opened baby food jars shall not be accepted in the child care agency.
- If food is fed directly from the jar by the educator, the jar shall be used for only one feeding and discarded.
- If the child care agency provides food, it shall be in accordance with the USDA's Child and Adult Care Food Program (CACFP) nutritional guidelines.
- Breakfast shall be provided to children who arrive before 7:00 a.m. and have not had breakfast at home. (Not required if received at school)
- Children shall be given adequate fime to eat.
- Food shall not be used as a reward and should not be forced or withheld.
- Each child's food allergies shall be posted where food is prepared and served.
- For a child with life threatening allergies, a written plan of action should be posted where the educator has immediate
- Staff shall support and facilitate a parent's decision to continue breast feeding.
- Home preserved food and raw milk are prohibited.

Equipment for Children

- Developmentally appropriate equipment and furnishings shall be available for each age group.
- All indoor and outdoor large and heavy equipment, appliances and furnishings shall be secured to prevent falling or fipping over.
- Electrical cords and cords on window blinds or curtains shall be inaccessible to children.
- . Indoor equipment, materials, and toys shall be available to provide a variety of developmentally appropriate activities so that each child has at least two (2) choices during play time.
- In infant/toddler rooms, equipment and a safe space shall be provided for climbing, crawling, pulling up and exploring without the use of confining equipment.
- Trampolines are prohibited.
- Climbers, swings and other heavy equipment that could cause injury if toppied shall be securely anchored.
- Climbers and swings shall have a protective fall zone surface recognized by CPSC as a shock absorbing, resilient material maintained at a minimum depth of six (6) inches. (Effective for family and group homes by 7/30/2019).
- Portable equipment shall be securely anchored or rendered immobile if required by manufacturer.
- A quiet rest area and cots or mats shall be available for all children who want to rest or nap.
- For health and safety reasons each crib, cot, bed or mat shall be labeled to assure that each child naps on his/her own

bedding.

- Cribs and play yards must comply with CPSC requirements.
- Mattresses and foam pads shall fit the crib without any gaps or
- A blanket or covering shall be available to each child age thirteen (13) months and older.

Program, Language and Literacy

- The educator(s) shall give individual attention to each child throughout the day (activities are specified for infant/toddler, pre-school, and school-age children). These activities include, but are not limited to, reading to infants, toddlers and preschool age children individually or in a group daily.
- Every child should have an opportunity to participate in program activities.
- Upon arrival, infants and toddlers shall be removed from car seats immediately.
- Child shall never be left unattended in any restraining device and shall not be kept in any restraining device longer than fifteen (15) minutes, except when eating while in a high chair.
- The use of electronic media and other electronic devices is prohibited for children less than two (2) years of age.
- Programs, movies, computer games, and music with violent or adult content shall not be permitted in children's presence.
- Child care agencies shall inform parents in writing of any scheduled media program viewing.
- Other activity choices shall be available to children who do not. wish to participate in media time.
- An opportunity for outdoor play shall be extended to children of all ages who are in care for more than three (3) daylight hours unless outdoor play is prohibitive or dangerous.
- Children of all ages who are in care more than three (3) daylight hours shall have a daily opportunity for outdoor play when the temperature range, after adjustment for wind chill and heat index, is between thirty-two (32) degrees and ninety-five (95) degrees Fahrenheit and not raining; children shall be properly dressed and the length of time outside adjusted according to the conditions and the age of the child.
- During outdoor play educators shall be alert for signs of weather related distress such as, dehydration, heat stroke, etc.
- Children in care for more six (6) hours or more shall have an opportunity for a reclining rest period.
- No child shall be forced to lay down/nap or stay on a cot/mat for an extended period of time.
- Nap areas shall have adequate lighting to allow the educator to see each child with a quick glance and respond appropriately to the child's physical and emotional needs.
- If music is played in areas where children sleep, it should be soothing and soft enough so children can be heard.
- Potentially shaming, humiliating, frightening, verbally abusive, injurious discipline methods/techniques that isolate children are prohibited.
- Discipline shall not be related to food, rest, or toileting.
- Spanking and all types of corporal punishment are prohibited.
- Staff shall not restrain a child by any means other than holding and then for only as long as necessary for the child to regain
- Toilet learning shall be done in cooperation with the parents, and communication with parents maintained throughout the process.
- Activities shall be intentionally planned based upon the developmental age of the child.
- Infants, less than six (6) months of age shall have direct supervised turning time every day when they are awake.
- For ages three (3) though school-age, a personal safety curriculum shall be provided annually.

- For school-age children the curriculum shall include instruction on reporting physical, verbal or sexual abuse.
- Parents shall be consulted in developing a plan to meet the individual needs of a child with special needs.

Physical Facilities

- All facilities shall annually pass an inspection verifying compliance with all applicable state and local fire and environmental requirements.
- At least one (1) working telephone shall be available in the agency and the number made available to parents.
- Outdoor play areas shall contain a minimum of fifty (50) square feet of usable play space for each child using the area
- The outdoor play area shall be enclosed by fence or barrier at least four (4) feet in height.
- Pre-play inspection of outdoor play area prior to use.
- Children shall not be present if an adequate water supply is not available.
- Children shall not be present if the sewage system is not operating.
- All rooms used by children shall be maintained at a temperature of between 68 to 78 degrees by means of heating, cooling or ventilation sources approved for use.
- Children shall not be present if indoor temperature cannot be maintained between 58 to 78 degrees.
- Unvented fuel burning heaters and portable heaters are prohibited.
- Swimming pools made inaccessible to children by use of fences and locked gates.
- Swimming is prohibited in drop-in care.
- Swimming pools and/or wading pools shall not be used without prior approval by the Health Department.
- If animals or birds are kept in classrooms as pets, they shall be caged away from the food storage and preparation area, and cages kept clean.
- Reptiles and amphibians shall not be kept as pets.

Transportation

- Child care agencies shall not transport children without prior written approval by the Department.
- Vehicle emergency evacuation drills conducted quarterly.
- Use of cell phones and texting is prohibited while driving.
- Routine transportation is limited to forty-five (45) minutes each way (does not apply to field trips for school-agers).
- Maintain documentation of daily inspections and necessary
- The interior temperature of the vehicle shall be monitored during extreme weather to ensure child safety.
- An adult must be in the vehicle whenever a child is in the
- A passenger log with the first and last name of each child shall be used to track the loading and unloading of children during transport.
- If the child was loaded from home, the parent or other authorized person will additionally sign the log indicating that the child was placed on the vehicle.
- The log shall be updated as children are released from the
- When the child is released to a parent or other authorized person, that person must sign the log indicating the release of that child to them.
- . Immediately upon unloading the last child the driver must walk through the vehicle to confirm that all the children are off the
- A staff person designated as reviewer shall walk through the vehicle to confirm that all the children are off the vehicle. The reviewer shall have no other responsibilities during the walk

through of the vehicle.

- Family and group homes with a single educator shall develop a Department approved alternative system for ensuring all children are off the vehicle.
- When children are transported to school, they shall be unloaded only at the location designated by the school and only at the time the school is officially open with staff present to
- Drivers must submit to an annual health examination and pass a drug screening test.
- Drivers and monitors shall hold current certification in CPR and
- The following equipment shall be maintained in the vehicle and stored in a manner which is not readily accessible to children: fire extinguisher, emergency reflective triangles; first aid kit, seat-belt cutter or similar device manufactured and designed to immediately release the vehicle's child restraint system(s) in an emergency; blood borne pathogenic clean-up kit; and working flashlight.
- All child care vehicles designed to carry ten (10) or more passengers must conform to the Federal Motor Vehicle Safety Standards for school buses.
- All child care vehicles designed by the manufacturer to carry ten (10) or more passengers must be inspected by the Department of Safety.
- Child passenger restraints must be used in accordance with state law and federal law.
- Signage that includes the agency name, phone number and the Department's toll-free Child Care Complaint phone number must be on child care vehicles.

Emergency Preparedness

 The agency, in consultation with appropriate local authorities, shall develop a written plan to protect children in the event of

Specific Requirements For Family Child Care Homes

- Adult:Child ratios shall be maintained at all times.
- Licensed capacity shall not be exceeded.

| _ | Family Child Care Home Ratios and Group Size | Chart |
|---|--|-----------------------|
| _ | Maximum Number of Children and Ages (including children "related" to the primary educator | Educators Required |
| | under nine (9) years of age) | |
| | Seven (7) or fewer children; and no more than tour (4) | 1. |
| | under two (2) years | |
| | Seven (7) or fewer children; and five (5) or more under | 2 |
| | two (2) years | |
| | More than seven (7) children; and no more than four | 3 |
| | (4) under two (2) years | |
| | More than seven (7) children; and five (5) or more under | 3 |
| | two (2) years | !-:6-1 |

- Effective 7/30/2018, primary educators receiving an initial license shall have a high school diploma or equivalent.
- The primary educator shall not be employed or engaged in any other full-time activities during hours of operation.
- A qualified educator shall be on site any time the primary educator is not on site during child care operating hours.
- Ongoing training required in specific health and safety topics.
- The maximum number of children present inside a physical space shall be determined by minimum square footage requirements.
- If the number of children exceeds seven (7) at one time or care is provided in one room of the home, the area shall provide thirty (30) square feet per child of usable play space.
- Specific Requirements For Group Child Care Homes Adult:Child ratios shall be maintained at all times.
- The maximum number of children present shall not exceed twelve (12). Exception: Three (3) additional school-age children may be in care before/after school, school holidays/snow days

and during summer vacation.

Group Home Ratio and Group Size Chart

| Number of Children | Ages of Children | Educators Required |
|---|--|-----------------------|
| Twelve (12) - Fifteen (15) (any number over twelve (12) must be school-age) | No more than busive (12) children three (3) years of age or older | 1 |
| Twelve (12) - Fifteen (15) (any number over twelve (12) must be school-age) | Up to nine (9) children under three (3) years of age; and no more than four (4) present under two (2) years of age | 2 |
| Twelve (12) - Fifteen (15) (any number over twelve (12) must be school-age) | Ten (10) or more under three (3) years of age | 3 |

 If school-age children are enrolled, a school-age program shall be provided.

 If four (4) or more infants/toddlers attend a group child care home, they shall have a separate and distinct space and their own educator.

 When children are sleeping or resting, there shall be at least one (1) adult awake and supervising and adult to child ratios. shall be maintained.

 Primary educators shall have a high school diploma or equivalent.

 Owners who are employed elsewhere shall ensure that a primary educator is always on-site.

 The primary educator shall not be employed at any other job during the hours of operation unless the Department has approved the primary educator's employment in an official capacity in a program sponsored or recognized by the Department.

 An educator shall be on-site any time that the primary educator is not on-site during child care operating hours.

Ongoing training required in specific health and safety topics.

 A minimum of thirty (30) square feet of useable indoor play space shall be provided for each child.

 The maximum number of children who may be present inside a physical space shall be determined in accordance with the minimum square footage requirements.

Specific Requirements For Child Care Centers

Adult child ratios must be maintained at all times.

 When more than twelve (12) children are present on the premises a second adult must be physically available on the premises.

Child Care Ratio and Group Size Charts

| Age of Children | Adult:Chlid Ratio | Maximum Group Size |
|--|----------------------|--------------------|
| 6 weeks - 15 months | 1:4 | 8 |
| 12 months – 30 months | 1:6 | 12 |
| 24 months – 35 months | 1:7 | 14 |
| 3 years | 1:9 | 18 |
| 4 years | 1:13 | 20 |
| 5 years | 1:16 | 20 |
| School-age (Kindergarten and above) | 1:20 | No max |

| Age of Children | Adult Child Ratio | Maximum Group Size |
|----------------------|----------------------|--------------------|
| 6 weeks - 30 months | 1:5 | 10 |
| 2 years – 4 years | 1:8 | ' 16 |
| 2 ½ years – 3 years | 1:9 | 18 |
| 2 ½ years – 5 years | 1:11 | 20 |
| 2 ½ years – 12 years | 1:10 | 10 |
| 3 years – 5 years | 1:13 | 22 |
| 4 years – 5 years | 1:16 | 24 |
| 5 years - 12 years | 1:20 | No max |

Ratio Chart first/last hour and one-half (½) of each day only:

| Ratio Chart firstriast nout and one-man (72) of ober, only | | |
|--|--------------|------------|
| Age of Children | Adult: Chlid | Maximum |
| 1 igo 24 | Ratio | Group Size |
| 2 ½ vears – 5 years | 1:10 | 10 |
| 3 years - 12 years | 1:15 | 15 |
| 4 years – 12 years | 1:20 | 20 |
| 7 YGB,5 12 JOB/2 | | |

 Each child must be on roll in a defined group and assigned to that group with a specific caregiver(s).

 Infants shall never be grouped with children older than thirty (30) months, and a separate area shall be provided for them.

 Children shall not be promoted to a new group until required based upon the age and developmental needs of the child.

 Groups, excluding infants & toddlers may be combined for short periods for a special activity of no more than sixty (60) minutes duration per day as long as adultchild ratios are met.

 Each group must have a designated classroom with enough space for the entire group.

 Child care centers shall provide written lesson plans for each group of children.

 When more than twelve (12) children in first grade and above are present, a separate educator, group, space and program shall be provided for them.

 Ratios can be relaxed during naptime and nighttime care but one (1) adult must be awake and supervising the children in each nap/sleeping area (infant/toddler ratios must be maintained).

Ongoing training required in specific health and safety topics.

 The director of a single site child care center shall be at least twenty-one (21) years of age.

 The assistant director of a single child care center shall be at least eighteen (18) years of age.

 Each group of children shall have at least one (1) educator present who has a high school diploma or equivalent.

 The maximum number of children who may be present inside a physical space shall be determined in accordance with the minimum square footage requirements.

 A minimum of thirty (30) square feet of useable indoor play space shall be provided for each child.

 Each nap room shall contain a minimum of thirty (30) square feet of floor space per child.

 Individual lockers or cubbies, separate hooks and shelves or other containers, placed so that children may reach them, shall be provided for each child's belongings.

In an infant or toddier room with more than one educator, each
educator shall be responsible for providing consistent care for a
specific infant(s)/toddler(s) which includes but is not limited to:
planning, and record- keeping for the child, communication,
general interaction with and routine care of the child.

 Following the issuance of an annual license, a child care center may operate without an on-site director for a period of not more than sixty (60) days total within the licensing year.

Specific Requirements For Drop-In Child Care Centers

 Before accepting a child for care, the parent shall provide a statement regarding the estimated amount of time that the parent anticipates that the child will be in attendance.

 The child care agency shall familiarize staff with personal safety material and be prepared to discuss those materials with parents.

 The drop-in center shall have an on-site director and the director shall be at least twenty-one (21) years of age.

 The director shall have earned a high school diploma or its equivalent and one (1) year of full-time work experience with children in a group setting.

Ongoing training required in specific health and safety topics.

Each educator who is used to meet the minimum required